

# Paradise's Bikini Beach<sup>SM</sup>

Each item contains less than 680 calories.  
Low in calories – high in taste.

## TURKEY BURGER LITE (640 CAL)

Served on a whole wheat bun w/tomato, sliced red onion, lettuce & mustard w/a side of steamed broccoli & carrots (sorry – no butter allowed).

## NO-BLAME GRILLED VEGGIE TACOS (477 CAL)

Two corn tortillas stuffed w/a variety of grilled vegetables & cheddar, topped w/roasted corn, black beans & avocado w/a side of Island slaw.

## NORTHSHORE TACOS, LIMITED (589 CAL)

Two corn tortillas stuffed w/spicy chicken, cheddar, lettuce & tomatoes w/salsa & ranchero beans on the side.

## SLEEK GREEK SALAD™ (310 CAL)

A half-sized salad w/grilled & chilled chicken breast, hearts of romaine, kalamata olives, feta cheese, tomatoes, cucumbers & red onion, tossed w/our own low fat balsamic vinaigrette.

# Gremmie Menu

(surfers 12 & under)

Served w/Island Fries or carrots & applesauce & drink (substitute drink w/shake or smoothie)

## JR. WAVE

Hamburger w/your choice of mustard, mayo, lettuce, pickles & tomato. w/cheese

## SANDCASTLE

Grilled cheese on Texas toast.

## LI'L HOT DOGGER

All-beef wiener & bun.

## MACARONI & CHEESE

Macaroni in a cheese sauce.

## JR. TIKI TENDERS

Crisp chicken tenders served w/ranch dressing.

## JR. QUESADILLA

Flour tortilla w/cheddar cheese.

## JR. SUNDAE

Vanilla ice cream w/chocolate syrup, whipped cream & a cherry.

## JR. SHAKE

Chocolate · Vanilla · Strawberry

# Desserts

## CHOCOLATE LAVA

Fudge brownie topped w/vanilla ice cream, chocolate syrup, whipped cream, roasted almonds & a cherry.

## KONA PIE

Mocha almond fudge ice cream & cookie crust topped w/chocolate fudge, whipped cream, roasted almonds & a cherry.

## ICE CREAM SUNDAE

(Individual sized portion)

Two scoops of vanilla ice cream, chocolate syrup, whipped cream, diced almonds & a cherry.

## FUDGE BROWNIE

(Individual sized portion)

A rich fudge brownie served warm, topped w/vanilla ice cream.

# Beverages

## SOFT DRINKS

Coca Cola · Diet Coke · Cherry Coke  
Sprite · Root Beer · Lemonade  
Strawberry-Lemonade · Fruit Punch  
Raspberry Iced Tea · Green Iced Tea

## FRESHLY BREWED ICED TEA

Regular  
Passion Fruit SHANGRI LA  
AWARD WINNING TEAS

## FRUIT JUICE

Apple · Orange · Cranberry

## ISLAND SHAKE

Chocolate · Vanilla · Strawberry

## ROOT BEER FLOAT

## COOL BREEZE SMOOTHIE

Coconut cream, banana & strawberries.

## TRADE WIND SMOOTHIE

Coconut cream, banana & chocolate.

## MANGO STRAWBERRY SMOOTHIE

## WILDBERRY BANANA SMOOTHIE

## ORGANIC HOT TEA

Breakfast Tea · Green Tea · Chai Tea  
Chamomile Tea · Earl Grey Tea  
Orange Spice Tea SHANGRI LA  
AWARD WINNING TEAS

## FRESHLY BREWED COFFEE OR DE-CAF

# Locations

## CALIFORNIA

<b>AGOURA HILLS</b> (818) 879-8550	<b>HUNTINGTON BEACH</b> (714) 897-4619	<b>PASEO COLORADO (PASADENA)</b> (626) 304-9050
<b>ANAHEIM HILLS</b> (714) 974-5709	<b>IRVINE</b> (949) 552-1888	<b>PORTER RANCH</b> (818) 368-2305
<b>BREA</b> (714) 256-1666	<b>LA JOLLA</b> (858) 455-9945	<b>RANCHO CUCAMONGA</b> (909) 944-6661
<b>BURBANK</b> (818) 566-7744	<b>LONG BEACH</b> (562) 436-6590	<b>REDONDO BEACH</b> (310) 363-8968
<b>CARLSBAD</b> (760) 602-9898	<b>LONG BEACH NORTH</b> (562) 421-6798	<b>RIVERSIDE</b> (951) 782-7471
<b>CARMEL MTN.</b> (858) 485-8075	<b>MANHATTAN BEACH</b> (310) 546-4456	<b>ROSEVILLE</b> (916) 772-5044
<b>CHINO</b> (909) 591-6056	<b>MARINA DEL REY</b> (310) 822-3939	<b>SEAL BEACH</b> (562) 431-6400
<b>CLAIREMONT MESA</b> (858) 569-8866	<b>MIRA MESA</b> (858) 578-6500	<b>SIMI VALLEY</b> (805) 577-0693
<b>CORONA</b> (951) 279-7724	<b>MISSION VALLEY</b> (619) 640-2727	<b>TEMECULA</b> (951) 506-3510
<b>EASTLAKE</b> (619) 397-2643	<b>MISSION VIEJO</b> (949) 582-2221	<b>TORRANCE</b> (310) 530-5383
<b>ENCINITAS</b> (760) 943-0271	<b>MONTEREY</b> (831) 655-1552	<b>VALENCIA</b> (661) 284-4903
<b>FOLSOM</b> (916) 983-4092	<b>NEWBURY PARK</b> (805) 498-7481	<b>VISTA</b> (760) 631-1535
<b>FOOTHILL RANCH</b> (949) 588-0086	<b>NEWPORT BEACH</b> (949) 219-0445	<b>WESTCHESTER</b> (310) 670-8580
<b>FOUNTAIN VALLEY</b> (714) 962-0966	<b>ORANGE</b> (714) 997-4085	<b>WEST COVINA</b> (626) 331-6223
<b>FULLERTON</b> (714) 992-6685	<b>PALM DESERT</b> (760) 346-4007	<b>WEST LOS ANGELES</b> (310) 474-1144
<b>GLENDALE</b> (818) 545-3555	<b>PASADENA</b> (626) 351-6543	<b>WOODLAND HILLS</b> (818) 225-9839
<b>AVONDALE</b> (623) 907-1214	<b>ARIZONA</b>	<b>PARADISE VALLEY</b> (602) 494-4434
	<b>DESERT RIDGE (NO. PHOENIX)</b> (480) 513-7231	

## NEVADA

**SUMMERLIN (NEVADA)**  
(702) 360-3845

## HAWAII

**ALA MOANA CENTER (HONOLULU)**  
(808) 943-6670

Nutritional information available on request.  
VISA · MASTERCARD · AMERICAN EXPRESS · DISCOVER  
· NO CHECKS ·  
GIFT CARDS & ISLANDS GEAR AVAILABLE  
Prices & items subject to change without notice.  
See your server or order online at [www.islandsrestaurants.com](http://www.islandsrestaurants.com)



# Takeout Menu

Try Our Convenient Take Out Featuring  
Complimentary Islands Curbside To Go

Online Ordering Available at  
[www.islandsrestaurants.com](http://www.islandsrestaurants.com)

## Appetizers

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### ISLAND FRIES

Our famous Island Fries are CUT FRESH DAILY from whole potatoes & cooked to perfection w/zero grams of trans fat per serving.

### ONION RINGS

Lightly battered & seasoned, made fresh daily.

### BEACHSIDE SLIDERS™

Four mini burgers w/caramelized onions & ketchup on toasted buns, served w/Island Reds™ lettuce & pickles.

### TIKI TENDERS

Crisp chicken tenders, served w/ranch dressing or bbq sauce.

### BUFFALO WINGS

Traditional spicy sauce, served w/carrots, celery & ranch dressing. Also available in teriyaki or bbq.

### SPINACH & ARTICHOKE DIP

Chopped spinach & artichoke hearts mixed w/sautéed onion & garlic in a creamy alfredo sauce, served w/fresh chips & salsa.

### QUESADILLA

Flour tortilla stuffed w/jack cheese & green chiles & topped w/scallions. Served w/sides of sour cream & pico de gallo.  
w/spicy chicken  
w/small guacamole

### TORTILLA CHIPS & SALSA

w/large guacamole

## Soup

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### TORTILLA SOUP

A hearty soup w/chicken & fresh vegetables, topped w/jack cheese, avocado & tortilla strips.

Large Bowl  
Small Bowl

Our famous Island Fries are CUT FRESH DAILY from whole potatoes & cooked to perfection w/zero grams of trans fat per serving. All burgers, sandwiches & wraps are served w/your choice of the following sides:

Island Fries

Onion Rings · Small Garden Salad  
Small Caesar Salad · Steamed Veggies

Sweet Potato Fries

## Burgers

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Our burgers are grilled medium or above on an Islands white or whole wheat bun.  
w/applewood smoked bacon

Add a little crunch to your burger w/our signature Island Reds™ (crispy fried red onion)  
Substitute our turkey or veggie patty for your favorite burger at no extra charge.

### BIG WAVE®

The burger that started it all! Lettuce, tomato, onion, pickles & mustard.

### BIG WAVE® W/CHEESE

American cheese, lettuce, tomato, onion, pickles & mustard.

### POINT BREAK

Gruyère & bleu cheeses, caramelized bacon & onion relish, lettuce, tomato & mayo.

### MAVERICKS

BBQ sauce, Island Reds™, american cheese, lettuce, tomato, pickles & mayo.

### HULA

Sautéed mushrooms, swiss, lettuce, tomato & mayo.

### HAWAIIAN

Teriyaki sauce, pineapple, swiss, lettuce, tomato, onion & mayo.

### BLEUNAMI

Bleu cheese dressing, crumbled bleu cheese, lettuce, tomato & red onion.

### PIPELINE

Chili, american cheese, lettuce, tomato, onion, pickles & mustard.

### MAUI

Guacamole, swiss, lettuce, tomato, onion & mayo.

### RINCON

Guacamole, applewood smoked bacon, swiss, lettuce, tomato, onion & mayo.

### KILAUEA

Jalapeño & black pepper-crust burger w/pepper jack cheese, Island Reds™, chipotle aioli, lettuce & tomato.

### MALIBU

American cheese, applewood smoked bacon, lettuce, tomato, onion, pickles & mustard.

### TURKEY

Our turkey patty is a combination of lean ground turkey, applesauce, seasonings, bell peppers, celery & scallions.

## Soft Tacos

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w/guacamole · w/sour cream

### ISLAND FISH

Corn tortillas stuffed w/premium fried fish, chipotle-white sauce, cabbage, cilantro & diced tomatoes w/sides of pico de gallo & ranchero beans.

Two · Three

### YAKI

Flour tortillas stuffed w/marinated chicken, teriyaki sauce, jack cheese, pineapple, lettuce, tomatoes & scallions served w/a side of ranchero beans.

Two · Three

### BAJA

Fajita-marinated chicken w/grilled onions & bell peppers stuffed into flour tortillas w/sides of pico de gallo, sour cream & ranchero beans.

Two · Three

### NORTHSHORE

Flour tortillas stuffed w/spicy chicken, cheddar, lettuce & tomatoes w/sides of salsa & ranchero beans.

Two · Three

## Birds of Paradise

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Grilled chicken breast, boneless & skinless on an Islands white or whole wheat bun.  
w/applewood smoked bacon  
w/guacamole

### SHOREBIRD

Swiss, lettuce, tomato, pickles & mayo.

### TOUCAN

Teriyaki sauce, pineapple, swiss, lettuce, tomato & mayo.

### PESTO PARADISO

Jack & parmesan cheeses topped w/basil pesto, lettuce, tomato & mayo.

### CA FLYER™

BBQ sauce, Island Reds™, pepper jack cheese, lettuce, tomato & mayo.

### SANDPIPER

Sautéed mushrooms, swiss, lettuce, tomato & mayo.

## Entrée Salads

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Lighter options: low fat balsamic vinaigrette or low fat & low calorie ranch dressing

### CHINA COAST SALAD

Grilled & chilled chicken breast, mandarin oranges, snow peas, water chestnuts, lettuce, carrots, fried noodles, sesame seeds & scallions, tossed w/sesame dressing.  
Half · Full

### JUNGLE CAESAR SALAD

Grilled & chilled chicken breast, tossed romaine, parmesan cheese, croutons & caesar dressing.  
Half · Full

### GREEK SALAD

Grilled & chilled chicken breast, hearts of romaine, kalamata olives, feta cheese, tomatoes, cucumbers & red onion, tossed w/greek dressing.  
Half · Full

### WIKI WAQUI BBQ CHICKEN SALAD™

Grilled & chilled chicken breast, cheddar & jack cheeses, lettuce, tomatoes, red onion & jicama, tossed w/ranch dressing & topped w/tortilla strips, bbq sauce & scallions.  
Half · Full

### KAANAPALI KOBBL SALAD

Grilled & chilled chicken breast, crumbled applewood smoked bacon, fresh avocado, bleu cheese crumbles, chopped hard cooked egg, tomatoes, scallions & lettuce, tossed w/kobb dressing (creamy vinaigrette).  
Half · Full

## Other Favorites

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### THE WEDGE (BLT)

Applewood smoked bacon, cheddar, lettuce, tomato & mayo, served on an Islands white or whole wheat bun.

### MOA KAI (TUNA)

White albacore tuna salad, cheddar, lettuce, tomato, pickles & mayo, served on an Islands white or whole wheat bun.

### CHICKEN CLUB WRAP

Grilled & chilled sliced chicken breast, applewood smoked bacon, avocado, cheddar, lettuce, tomato, ranch dressing & bbq sauce, served in a flour tortilla.